



## **Curriculum Vitae**

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### **Education:**

1. General Medicine, Tabriz University of Medical Sciences, Tabriz – IRAN 1987-1994.
2. Board Certified in General Surgery, Tabriz University of Medical Sciences, Tabriz – IRAN, 1994-1998.
3. Board Certified in sub special Cardio Vascular Surgery, Iran University of Medical Sciences. Tehran-IRAN, 2002-2005.
4. Professor of cardiac surgery, Iran University, Tehran

### **Thesis:**

1. Coronary artery by- pass graft surgery in youth (15- 40 years old) in Shahid Madani hospital in Tabriz.
2. Risk factor for coronary heart disease under 45 age people.
3. Survey the Association between history of fertility and coronary heart disease in older fifty years women in Shahid Madani hospital in Tabriz during 2003-2007.
4. The effects on the outcomes of tight glucose control in patients undergoing coronary arteries by-pass graft with type 2 diabetes mellitus in preoperative period.
5. Wound infection in cardiac surgery in Shahid Madani heart hospital.
6. Introduction technique of pre continuously adjustable pulmonary of new artery banding in Shahid Madani heart hospital.

7. Evaluation of early and intermediate outcomes of **Cryo-Maze** procedure on arterial fibrillation.
8. Comparison of oxidative stress content during on –pump and off pump coronary artery by pass surgery.

**Presentation:**

1. Yosefnia, **Yaghoubi A**, Khamoshi, Hosseni, Omrani, ghavedel, Total cavo – pulmonvary connection for cardiac ... In: 14th Congress of Iranian Heart Association in collaboration with British Cardiac Society, 23-26 Nov 2004; Tehran, Iran.
2. **Yaghoubi A**, Hosseni, Kshfi, Khamoshi, Tabatabie, Omrani, ghavedel, Sadeghpour, Yosefnia, Nohi , Inrluence of pregnancy on the ... In: 14th Congress of Iranian Heart Association in collaboration with British Cardiac Society, 23-26 Nov 2004; Tehran, Iran.
3. Hosseni, Tabatabie, Raisie, **Yaghoubi A**, Sadeghpour, Karghar, The early result of pulmonary vien ... In: 14th Congress of Iranian Heart Association in collaboration with British Cardiac Society, 23-26 Nov 2004; Tehran, Iran.
4. Ghavedel, Tabatabie, Raisie, Hosseni, **Yaghoubi A**, Javadpoor, Kshfi, Complete surgical repair of ta/eralogy of ... In: 14th Congress of Iranian Heart Association in collaboration with British Cardiac Society, 23-26 Nov 2004; Tehran, Iran.
5. **Yaghoubi A**, Surgical pathology of surgical excised heart ... In: 4th Congress of Iranian society of cardiac surgeons, 16-19 Nov 2005; Tehran, Iran.
6. **Yaghoubi A**, Yosefnia, Gevtaj, Hosseni, Parvizi, Gholampoor, Nohi, Early and mid-term surgical results of total ...In: 15th Congress of Iranian Heart Association in collaboration with French Cardiac Society, 1-3 Nov 2006; Tehran, Iran.
7. Azarfarin R, Mirineghad M, **Yaghoubi A**, Kianfar A, Pulmonary complication is not s major risk ... In: 15th Congress of Iranian Heart Association in collaboration with French Cardiac Society, 1-3 Nov 2006; Tehran, Iran..
8. **Yaghoubi A** ,Shahin Imani,Association of pre-eclampcyia with cardiovascular disease and its effect on pregnancy outcomes."The 5th Internation Congress of the Iranian Society Of Cardiac Surgeons.2008

9. Fatemeh Pournaghi Azar<sup>1</sup>, Morteza Ghojzadeh<sup>2</sup>, Salman Abdi, **Alireza Yaghoubi**, Shahin Imani Comparison of brain/behavioral systems activity and dimensions of perfectionism in coronary heart disease and normal subjects. April 2010 Friday Istanbul ,Turkey .
10. **Alireza Yaghoubi**, Shahin Imani, Sanaz Ebrahimian, Ahmad Ali Khalili, Masoudud Pezeshkian, Morteza Gojzadeh. Study of leading cases to cardiac surgery in 15 to 40 years patients in Shahid Madani Hospital from 2005 until 2007 years in Tabriz. April 2010 Friday Istanbul ,Turkey
11. Morteza Ghojzadeh, **Alireza Yaghoubi**, Mohsen Sokouti, Leila Vahedi, Nariman Ghoddousi, Omid Abbaszadeh, Fatemeh Pournaghi Azar, Shahin Imani. Comparison of outcomes of conventional versus new method in Aortic valve replacement. April 2010 Friday Istanbul ,Turkey
12. Morteza Ghojzadeh, **Alireza Yaghoubi**, Fatemeh Pournaghi Azar, Shahin Imani, Omid Abbaszadeh, Roghayeh Abaspour, Leila Vahedi Cardiovascular diseases classification system in Iran. April 2010 Friday Istanbul ,Turkey

#### **Published Articles (Researches):**

1. Amini A, Shaghghi A, Milani KA, Hanaii J, **Yaghoubi A**, Status of the elderly people in north west ..... In: **Medical Journal of Tabriz University of medical sciences**. Vol.59, 2003.
2. Barzgar M, Amini A, Hanaii J, **Yaghoubi A**, Sadr K, Mohammadzadeh H, Knowledge attitude and practice of mothers regarding ...In: **Medical Journal of Tabriz University of medical sciences**. Vol.59, 2003.
3. Hanaii J, Amini A, Sadr K, Mohammadzadeh H, **Yaghoubi A**, Public Health educational programs in north west ...In: **Medical Journal of Tabriz University of medical sciences**. Vol.59, 2003.
4. Hosseini, **Yaghoubi A**, Khamoshi, Raisie, Kashfi, Sadeghpour, Tabatabaie, Mirhosseini, Nohi, Open heart Surgery in pregnant Women ... In: **Iranian Heart Journal**, Vol.5:4, 2004.
5. Ghavedel, Tabatabaie, Raisie, Yosefnia, Khamoshi, Omrani , Gevtaj, Motmedi Hosseini, **Yaghoubi A**, Javadpour, Golampoor, Early and Mid – term outcomes in patents undergoing... In: **Iranian Heart Journal**, Vol.6:3, 2005.
6. **Yaghoubi A**, Raisie, Surgical pathology of excised heart valves in a referral hospital in Iran: **Rawal Medical Journal**, Vol.32:1, 2007.
7. **Yaghoubi A**, Hosseini S, Kashfi F, Khamoushi Aj, Tabatabaie Mb, Maleki M, Nouhi F, Comparison of Durability of Cardiac Bioprosthetic Valves Between Pregnant and Non Pregnant Patients In: **Medical Journal of Tabriz University of medical sciences**. Vol.29, 2007.

8. Mirineghad M, **Yaghoubi A**, Azarfarin R, Alizadeh asl, Comparison of continuators ... In: *Rawal Medical Journal*, Vol.32:1, 2007.
9. Toufan M, Samadikhah J, Alizadeh A, Azarfarin R, Hakim H, **Yaghoubi A**, Farzam S, Measurement of coronary sinus blood flow after first anteriormyocardial infarction with transthoracic echocardiography and its correlation with wall motion scoring index In: *Saudi Medical Journal*, Vol.28:10, 2007.
10. **Yaghoubi A**, Yosefnia M, Early and Mid-Term Surgical Results of Total Cavopulmonary Connection In: *Iranian Heart Journal*, 8 (3), 2007.
11. Samadikhah J, Hakim H, **Yaghoubi A**, Salehi R, Alizadeh A, Azarfarin R, Assessment of the hospital results in Coronary Artery Bypass Graft with and without cardiopulmonary bypass In: *Rawal Medical Journal*, 32 (2), 2007.
12. **Yaghoubi A.**, Khalili A, Imani SH, Akbarzadeh F., Azarfarin R., Pezeshkian M, Safaie N., Rostamzadeh M., Pregnancy and Bioprosthetic Valve Survival: Concerns About Birth Defects. *J Cardiovasc Thorac Res*, Vol.1 (1): 2009.
13. **Yaghoubi A.**, Falsafi Z., Imani SH., Ghaffari S., Taghavi S., History of Fertility and Coronary Artery Disease in Iranian Women Older than 50 Years Old. *J Cardiovasc Thorac Res*, Vol.1 (2):2009.
14. Negargar S., **Yaghoubi A.**, Atash Khoii S., Rahmani A., Causes and Risk factors for Chest Reexploration after Coronary Artery Bypass Grafting Surgery . *J Cardiovasc Thorac Res*, Vol.1(2), 2009 .
15. **Yaghoubi A.**, Farzam S., Pezeshkian M., Golmohammadi Z., Nasiri B., Azarfarin R. Nouri M. Safaie N. Alizadehasl A., Comparison of Oxidative Stress Content During On-pump and Off-pump Coronary Artery Bypass Surgery . *J Cardiovasc Thorac Res*, Vol.1(3), 2009.
16. Bayat AM, Azhough R, Hashemzadeh S, Barband A, **Yaghoubi AR**, Gargari RM. Hydatid cyst of pancreas presented as a pancreatic pseudocyst. *Amj Gastroenterol*. May; 104(5): 2009.
17. **Yaghoubi A**, Ansarin K, Hashemzadeh S, Azhough R, Faraji S, Bozorgi F. Tako-tsubo cardiomyopathy induced by emotional stress leading to severe mitral regurgitation, cardiogenic shock and cardiopulmonary arrest. *Int J Cardiol*. Jul 10; 135(3): 2009.
18. **Yaghoubi A**, Pezeshkian M, Imani SH, Alizadehasl A., Analysis of Maternal-Fetal outcomes of Valvular Heart Surgeries in Pregnant Women, *Zahedan journal of research in medical sciences*, Vol.12(1), 2010.
19. **Yaghoubi A.**, Imani SH, Khalili A., Pezeshkian M., Gojazadeh M., Pre-Eclampsia with Cardiovascular Diseases and its Effects on the Pregnancy

- Outcomes. *Medical Journal of Tabriz University of medical sciences*. Vol.31 (4), 2010.
20. Khalili A., **Yaghoubi A.**, Safaie N., Eyvazi K., Azarfarin R., Ebrahimzadeh A., Alizadehasl A., Safarzadeh G., Farzandan A., Zamanzadeh A., Incidence of Cardiovascular Risk Factors in Oskoo (Northwest Iran): An Approach through WHO CVD-risk Management Package for Low-and Medium-Resource Settings on 37,329 Adults $\geq$ 30 Years Old. *J Cardiovasc Thorac Res*. Vol.2: 2010.
  21. Gholam Pour Dehaki M, Givtaj N, Omrani Gh.R, Sadegh Pour Tabaei A, **Yaghoobi A.** Evaluation of results of surgical correction for coarctation of aorta by Subclavian flap aortoplasty (SCFA) and other methods in Rajaei Heart Center, 1994-2004, *Journal of Iran University of Medical Sciences*. Vol. 12, No. 49, 2010.
  22. **Yaghoubi A.**, Danaee S., Imani SH., Sheikhalizadeh M., Ghojzadeh M., Effect of Citrate Phosphate Dextrose Solution on Reperfusion Injury in Coronary Artery Bypass Surgical Patients Undergoing Cardiopulmonary Bypass. *J Cardiovasc Thorac Res*.Vol.2: 2010.
  23. Khanjani Z., Foroghi A., **Yaghoubi A.**, The Risk Psychological Factors and Suffering from Coronary Heart Diseases: Analytical on Role of Personality and Coping Styles in CHP. *Medical Journal of Tabriz University of medical sciences*. Vol.87, 30, 2010.
  24. **Yaghoubi A.** Imani SH., Molavipoor A., Masoumi M., Mirzaei H., Ramezani A., Hosseini S., Nasiri B., Abbasnezhad M., A Multi-Center Study of the Pathologies of Valvular Heart Diseases: 5 year Analysis of More Than 3400 Patients in Iran. *J Cardiovasc Thorac Res*, Vol.2 (2): 2010.
  25. Khatibi F., **Yaghoob A.**, Zarghami N., Rahbani M.,T-786C polymorphism of endothelial Nitric oxide synthase gene and serum level of Nitric oxide in nonsmoker and nondiabetic patients suffering from coronary artery disease. *J Cardiovasc Thorac Res*.Vol.2: 2010.
  26. Alizadehasl A., **Yaghoubi A.**, Azarfarin R., Golmohammadi Z., Serum Levels of Copper and Zinc in Patients with Acute Coronary Syndrome, *J Cardiovasc Thorac Res*. Vol.2 (2):2010.
  27. **Yaghoubi A.**, Sadegh Tabrizi J., Mirinazhad M., Quality of Life in Cardiovascular Patients in Iran and Factors Affecting It: A Systematic Review. *J Cardiovasc Thorac Res*. Vol.2 (3):2010.
  28. **Yaghoubi A.**, Ghotaslou R., Safaei N., Jahanroshan J., Mahmoudian R., Study on Bacteria and Factors Involved in Wound Infections after Cardiac Surgery in

- Shahid Madani Hospital. *Medical Journal of Tabriz University of medical sciences*. Vol.89, 2011.
29. Ghotaslou R., **Yaghoobi A.**, Sharify S., Urinary Tract Infections in Hospitalized Patients during 2006 to 2009 in Madani Heart Center Tabriz, Iran, *J Cardiovasc Thorac Res*, Vol.2(1):2011 .
  30. Khaki Khatibi F., **Yaghoobi A.**, Zarghami N., Rahbani M., Babaie H., Evaluation of hs-CRP, Antioxidant Markers and MDA in Patients of Coronary Artery Disease (CAD) Containing Non-Smokers and Non-Diabetics. *J Cardiovasc Thorac Res* , Vol.2(4): 2011.
  31. Pourafkari L, **Yaghoobi A**, Ghaffari S. Amiodarone-induced pulmonary toxicity. *Intern Emerg Med*. Apr 2012.
  32. Ghaffari S, Sohrabi B, Aslanabadi N, Mogadam AR, Sepehrvand N, Pourafkari L, Ghaffari R, Akbarzadeh F, **Yaghoobi A**. Percutaneous transvenous mitral commissurotomy: with or without heparin? A randomised double blind study. *Kardiol Pol*. 69(5): 2012.
  33. Kakaei F, Zarrintan S, Rikhtegar R, **Yaghoobi A**. Iranian 2012 earthquake: the importance of Focused Assessment with Sonography for Trauma (FAST) in assessing a huge mass of injured people. *Emerg Radiol*. Apr 5. 2013.
  34. **Yaghoobi A**, Rostamzadeh M, Pezeshkian M, Parvizi R, Imani S. Evaluation of Early and Intermediate Outcomes of Cryo-Maze Procedure for Atrial Fibrillation., *J Cardiovasc Thorac Res*. 2013;5(2):55-9.
  35. **Yaghoobi A**, Abdollahzadeh F, Rahmani A, Kazemi L, Ghabili K, Golzari SE, Dehdilani M. Prerequisites for electronic learning: Iranian postgraduate nursing students' points of view. *Iran J Nurs Midwifery Res*. 2013 Mar; 18(2):171-3.
  36. **Yaghoobi A**, Safaie N, Azarfarin R, Alizadehasl A, Golzari SE. Evaluation of cardiovascular diseases and their risk factors in hospitalized patients in East azerbaijan province, northwest iran: a review of 18323 cases. *J Tehran Heart Cent*. 2013 Apr;8(2):101-5.
  37. Ghaffari S, **Yaghoobi A**, Baghernejad R, Sepehrvand N, Sokhanvar S, Haghjou AG. The value of serum osteoprotegerin levels in patients with angina like chest pain undergoing diagnostic coronary angiography. *Cardiol J*. 2013;20(3):261-7.
  38. Kazemi B, Akbarzadeh F, Safaei N, **Yaghoobi A**, Shadvar K, Ghasemi K. Prophylactic high-dose oral-N-acetylcysteine does not prevent atrial

- fibrillation heart: a prospective double blind placebo-controlled randomized clinical trial. *Pacing Clin Electrophysiol*. 2013 Oct;36(10):1211-9.
39. **Yaghoubi A**, Mirinazhad M., Maternal and neonatal outcomes in pregnant patients with cardiac diseases referred for labour in northwest Iran. *J Pak Med Assoc*. 2013 Dec;63(12):1496-9.
40. **Yaghoubi A**, Golmohamadi Z, Alizadehasl A, Azarfarin R. Role of platelet parameters and haematological indices in myocardial infarction and unstable angina. *J Pak Med Assoc*. 2013 Sep;63(9):1133-7.
41. Sohrabi B, Jamshidi P, **Yaghoubi A**, Habibzadeh A, Hashemi-Aghdam Y, Moin A, Kazemi B, Ghaffari S, Abdolazadeh Baghayi MR, Mahmoody K. Comparison between covered and bare cheatham-platinum stents for endovascular treatment of patients with native post-ductal aortic coarctation: immediate and intermediate-term results. *JACC Cardiovasc Interv*. 2014 Apr;7(4):416-23.

### **Books**

1. Tobacco use, unhealthy diet, lack of physical activity, Hypertension, Diabetes, Hyperlipidemia Heart attacks and Strokes.2008.
2. For smokers who don't want to quit on step at time 2008.